

- An Educational Intervention to Improve Effectiveness in the Detection,
- Treatment and Control of patients with high cardiovascular risk in low-
- resource settings in Argentina: Rationale and Study Design of a cluster
  - randomized controlled trial.

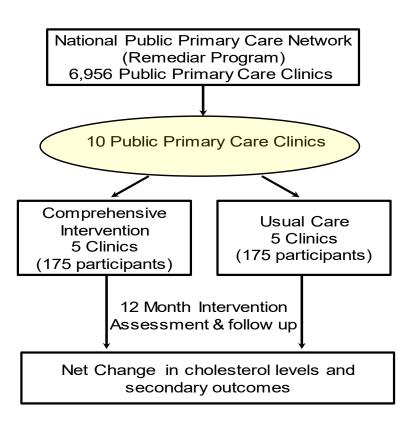
# Specific aims

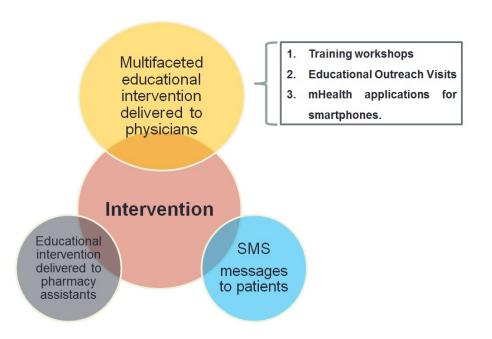
- To test whether a multifaceted educational intervention program lowers LDL-C levels and CVD risk in patients with moderate-to-high cardiovascular risk;
- To test whether this intervention program improves physician compliance with clinical practice guidelines;
- To test whether this intervention program improves patient care management and adherence to medication;
- To estimate the cost-effectiveness of this comprehensive intervention program as compared with usual standard of care.



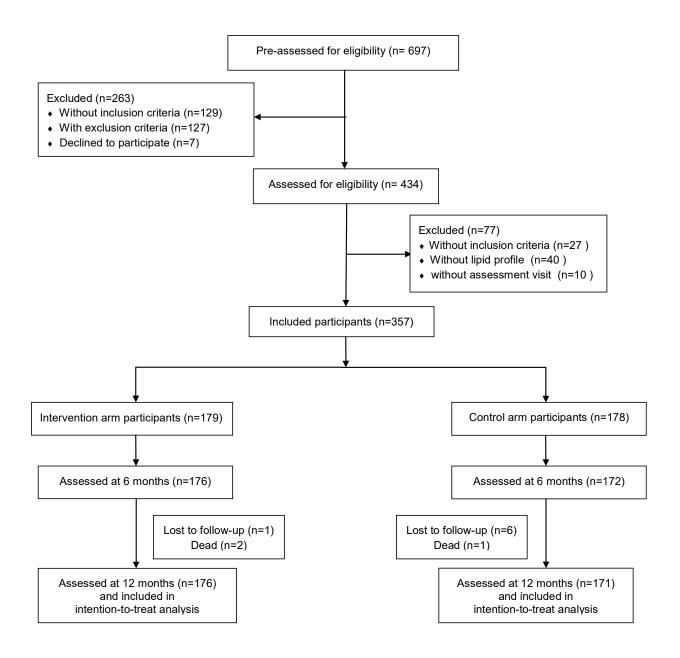
## **Study Design**

#### Intervention components





## Participants follow-up



# Principal findings

- There was no reduction of the mean LDL-c between the intervention and control group.
- There was no reduction of the cardiovascular risk at the end of the follow-up, except for diabetic patients, where it was higher in the control group.
- There was a significant higher proportion of correctly treated patients in the intervention group.
- There was a higher number of visit to the PCC's in the intervention group.

